7/11/2023 - Experimental Choir Workshop 1

5.30pm - Introduction

Aims of workshops:

to gain confidence in playfully exploring the voice, in using the voice outside of workshops creatively and in discussion, and to collaboratively build a card deck of prompts for composers

Housekeeping

1. Consent form – paper and digital – note, recordings and photos taken by me
2. H&S toilets, taking breaks as needed, not spectating, respecting each others voices, ground rules re not recording or filming, I will let them know when I will record

5.45pm - Warm Ups

1. Qigong stretching
2. Breathing to belly, rib cage, back expanding
3. Staggering breathing
4. Humming
5. Sirens
6. Ah wave

6.15pm – Score 1 – Annea Lockwood

1. Looking at the score
2. Breaking down into sections
3. Practicing short sections one by one

6.40pm Discussion with post its on the accessibility of the score

Introduce ideas of accessibility and inclusivity:

1. What aspects of the score did you find accessible? Inaccessible?
2. What prompt would you give a composer writing a score using this method to make it inclusive and/or accessible?